

# Wholeness

Quarterly World Digest of Christian Healing

Founded 1957. P.O. Box 16099, Hamilton 3245, New Zealand. Gratis.



From the  
Editor

## How Well Are We Hearing Jesus?

Just before Stephen was stoned to death he was hearing from Jesus very clearly. That's why he had every confidence to say to those around him, "Listen to me!" (Acts 7:2) And they listened. It's not likely that we'll be called to suffer the same fate as befell Stephen, but if we are to be effective in our appointed contribution to God's kingdom, then we too need to be hearers of what our God is saying to us.

So, what is the key to being able to hear Jesus? Our first response might be: "Read the Word of God." But Jesus Himself told us, "You study the scriptures because you think that in them you will find eternal life. And these very scriptures speak about me!" (John 5:39) It is indeed all about Jesus - Jesus the person - Jesus the One who would speak with us in the present. So, surely the key to being able to hear Jesus is to have a desire to know and obey Him. This desire comes from appreciating who He is, and what He has done for us.

Certainly the written Word of God does enlighten us in these matters; but having understanding is one thing, and being renewed in our spirit is quite another. "The wind blows wherever it pleases. You hear its sound, but you cannot tell where it comes from or where it is going. So it is with everyone born of the Spirit." (John 3:8) It's how our heart responds to the present prompting of the Holy Spirit that determines how well we will hear the next words Jesus says to us. Obedience leads to success, which leads to confidence that we are really hearing from God, which leads to anticipation of the next revelation. What an exciting life!

It's possible to measure how well we are hearing Jesus. The gauge is how much peace and joy we have; and how confident we are that we too can say, "Listen to me!" in the knowledge that what we have to share will bring God's perspective, God's answers, God's presence, into a situation that needs more than we ourselves can offer. Jesus said, "Apart from me you can do nothing." (John 15:5) But by hearing Him, and by doing what He says, anything is possible. Amen.

**"Our walk with God has to be based upon his promises, not on our abilities."**

*(Dave Whitehead)*

our pathway to vision, and our pathway to the most fulfilling life imaginable.

The above article is based on an extract from Dr. Virkler's most enlightening and inspiring book "Dialogue with God", the theme of which certainly needs to be the key theme of our life: cultivating a relationship with God. There is a wealth of invaluable ministry offered through Dr. Virkler's "Communion with God Ministries", all of which can be read about at [www.CWGMministries.org](http://www.CWGMministries.org)

## Preparing to Receive from God

*Adapted from Dr. Mark Virkler's "Dialogue with God"*

When I was a child we had an old-fashioned hand pump near our door, a remnant from the days before indoor plumbing. The water from that well was the clearest, most refreshing I have ever tasted. There was only one problem: in order to get water out from the well, we first had to put some water in - we had to prime the pump. We didn't have to do this because there wasn't anything in it; rather, we poured the water in to prepare the pump to receive and draw forth the "aqua pura" that was already down there. The little cup of water we poured in could be totally stale and tasteless, but what came as a result of it was always the freshest and purest flow imaginable. How does this relate to our preparing to hear from God? Well, I can use my natural mind to present the eyes of my heart to the Lord, priming the pump by setting the scene, by imagining the reality of Jesus' presence with me, and by asking the Holy Spirit to fill the vision with His presence.



Priming the pump in terms of vision prepares me to see what the Spirit has for me. It gets me into a position to receive and draw forth from the flow of living water. My own little image may be stale and impure, but that doesn't prevent the flow that springs up within my soul from being pure and life-giving. John wrote in Revelation that he looked, saw a door, and heard a voice. Then, "Immediately I was in the Spirit." (Rev. 4:2) When I read that, I wondered, "Where were you in verse one?" If I were writing the account, I would have said, "I was in the Spirit, I looked, I saw and I heard." But it was written the way it is written to teach us something important. Listen to the sequence again. "I looked and behold, a door...I heard... Immediately I was in the Spirit." John had been in the Spirit in chapters 1-3, seeing visions and receiving revelation. He must have taken a break at the end of



chapter three and afterward wanted to return to the spiritual dimension. At the beginning of chapter four, John primed the pump by looking. No doubt he was asking, "Lord, is there something more You want to show me?" And God answered, "Sure! Come on up!" Then John not only saw visions, but he actually entered the action, dialoguing with angels and heavenly beings!

The wonderful truth is that this kind of revelation isn't just reserved for special saints, for we are all kings and priests. God doesn't grant gifts because we are spiritual, but because He loves us. And He has gifted us all with the capacity to prepare ourselves to receive the vision He wants us to have. What a gift! The Bible speaks of having our spiritual senses strengthened through use. There are several things we can do to strengthen our ability to see in the spirit. Perhaps the easiest and most common way of availing ourselves of vision for spiritual purposes is to enter into a Bible story. Simply picture the action as it takes place, and ask the Holy Spirit to take over in the vision and show you what He wants to say to you through the story. He will. Then, don't just watch as an

observer, but enter into and become part of the action.

How wonderful that we can live as Jesus did. He lived out of the Father's initiative, and did only what He saw His Father doing. However, before we can live that way, we need to learn how to become a seer. In rationalistic cultures, where seeing with the eyes of the heart is generally looked upon with scorn, it takes a literal rebirth of perspective to become at ease with seeing vision just as Jesus did.

It's an enormous step even to believe that such a thing is possible. My experience, as well as the experience of many others, has convinced me that once we have grown accustomed to looking expectantly to the Spirit for a vision from the Lord, it appears readily. The simple act of looking in faith opens us up to begin seeing.

I am certain that the spiritual world exists, whether I see it now or not. In becoming a seer, I just learn to see what is already there. In learning to see I am learning to bring alive my atrophied visionary capacity, and present it to God to be filled. Once my spiritual sensitivity has been rejuvenated and presented before Almighty God, He offers me the opportunity to live like Jesus, drawing on the continuous flow of divine revelation. The prophets of Israel simply said, "I looked," and, as they quieted themselves before God, "they saw" (e.g., Dan. 7:2,9,13). I found that when I reclaimed the use of my visionary capacity, I too could quiet myself in the Lord's presence, look, and see the visions of Almighty God. I am a seer simply because I have become a looker!

If your intuitive and visionary functions have atrophied through lack of use, the process is not quite as simple as just looking and seeing. Vision must be exercised to restore its vitality. This involves three steps: repenting of sin (the sin of scorning one of God's gifts); asking God to breathe new life into this inner sense of seeing; and developing this sense which God is restoring. This development involves standing in the belief that God will do it, taking the first wobbly steps, and gaining strength. Through grace we will get to the point of walking with ease, where we are able to allow God to direct

**"Lord, is there something more You want to show me?"**



## “Restore Us! Revive Us!”

*Intercessors for New Zealand*

The following two scriptures are just as relevant today as when they were written 2000 years ago, perhaps more so.

“O Lord, I have heard of your renown, and I stand in awe, O Lord, of your work! In our own time, revive it! In our own time, make it known! In wrath, may you remember mercy!” (Habakkuk 3:2)

“Restore us again, O God of our salvation. ... Will you not revive us again, so that your people may rejoice in you? Show us your steadfast love, O Lord, and grant us your salvation!” (Psalm 85:4-7)

Both the Prophet and the Psalmist are calling on the Lord for the restoration and revival of God’s people. They are pleading for His mercy, and they are imploring Him to move so that His people may once again rejoice in Him and in His great deeds. Today’s



need is no different; our nation - every nation - desperately needs an outpouring of God’s Holy Spirit in power and with fire (Matt. 3:11) - fire for the cleansing of God’s people, and power for them to serve effectively. While we mightn’t be confident to acknowledge it, each of us is called to be a psalmist and a prophet for our time, so let us pray fervently for:

**The power of God to be manifest throughout our country, demonstrating the reality of the living God: His sovereignty, His authority, His power and His glory.**

**A response to the desperate need for repentance – acknowledgement of our sins, and a turning away from them; an asking for God’s forgiveness, a receiving of it, and then a following after Him.**

**An awareness of the imperative need for all followers of Jesus to be constantly filled with the Spirit, to walk in the Spirit, and to bring forth the**

**fruit of the Holy Spirit.**

**The consuming fire of God to be upon our lives, leading to a pure walk with God, in righteousness and holiness, bringing glory to the Lord and demonstrating His Kingdom here on earth.**

**Revival throughout our land, bringing a moral and spiritual transformation to us, our families, our community, and our people.**

**Leaders in all areas of our society to set good examples of how we should live – leaders who will lead us in right ways, to do right things and so bring blessing to our nation, rather than God’s judgment and wrath.**

**Leaders in the Church and in our government and government departments, staff and advisors, those who work in city councils and schools and all levels of education, those who work in justice, law and order and employment; that each one would perform their duties as God would have them do.**

And then, as our God answers these prayers, we and our nation will indeed be restored, and God’s people will surely rejoice in Him because of His steadfast love; bringing eternal glory to God’s only Son, our Lord Jesus Christ. Amen!

## Centering Prayer

*Alan Meara, Christian Healing Jan. 2016*

Centering Prayer is a way of coming into the presence of God, and simply being there, in the present moment, with Him. It is associated with the work of Father Thomas Keating, a Trappist monk who wished to help those outside the monasteries to experience the presence of God in a meaningful way. Jesus said: “But whenever you pray, go into your inner room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you.” (Matthew 6:6) Jesus used a word for God (Abba) that can best be translated “Daddy”. God is certainly great beyond our imagining, and He is absolutely holy and just, but on top of these attributes He is beside us as the most devoted parent there is. This is the God whom we approach in prayer, for at the heart of this communion is a relationship with our Father. The purpose of Centering Prayer is to help us to develop a friendship with God, a relationship in which we are totally at ease; just like the one first enjoyed by Adam and Eve.



The inner room referred to in the words of Jesus should be understood as a state of mind rather than a place. Only the very rich people in Jesus’ time on earth would have had a private room. The idea here is of finding ways of cutting oneself off from distractions to concentrate on God. Closing the door means consciously ignoring the cares of the day, clearing the mind of distractions, and taking a holiday from ourselves. A starting point can be to choose a sacred word as the symbol of our intention to consent to God’s presence and to His action within. The word itself

isn’t sacred; it’s the way we use it. It can be something like: “Abba”, “Father”, “love”, “grace”, “peace” ... Then, find a quiet space where you will not be interrupted, and where you can sit comfortably with your eyes closed to meditate on the word. At the end of the prayer session, remain in silence with

your eyes closed for a couple of minutes to enable you to carry over the silence and peace into your everyday life.

Father Keating speaks of the practice of Centering Prayer as “the Divine Therapy”. Its regular practice allows us to become what God intended us to be. It allows us to live victoriously as life unfolds, not being concerned about the past or the future, but enjoying the love and peace of God in the now. It also helps us to discover failures and hurts that lie in our deepest of places, and which have been having an adverse effect on our emotional and spiritual well-being. Having been revealed by the Holy Spirit, they can be dealt with by the forgiveness and love of God. The empty places thus created will be filled with the presence of our Heavenly Father, effecting healing in the fullest sense of the word.

Centering Prayer isn’t all of prayer, but it is a way of entering into the presence of God, and thereby making other forms of prayer more effective. And the bonus is that the principal fruits of Centering Prayer are experienced in everyday life long after the period of prayer is over. Over time, prayer and life become more and more one and the same. How happy that makes God; and how blessed does that make us.

## Relating to God Through Prayer

*Rev. C.A. Wellington*



“The greatest thing anyone can do for God and man is to pray.” (S.D. Gordon)

The people of our world who are truly blessed are the ones who pray. These aren’t the ones who only talk about prayer, or those who say they believe in prayer, or even those who teach about prayer, but **those who spend quality time in prayer.** Being the highest form of communion with God, this pinnacle of human activity must rely totally upon the indwelling of the Holy Spirit. “In the same way the Spirit also comes to help us, weak as we are. For we do not know how we ought to pray; the Spirit himself pleads with God for us ...” (Romans 8:26)

Our emotions and our feigned earnestness avail nothing when it comes to moving the hand of God. “It’s not by might, nor by power, but by my Spirit saith the Lord.” (Zechariah 4:6) When our inclination is to summon might and power to produce results, we must remember instead that Jesus’ sacrifice was, and is, the only source of all real might and power. If the efficacy of that once-and-forever sacrifice is to be realised, it isn’t enough for the lips to speak; the soul itself must express the words, “Thy will be done”, as the overture to every prayer. Otherwise it is so easy for our subconscious request to be: “Give me”, rather than: “Show me your will, and show me my part in its fulfillment.”

It isn’t our responsibility to produce results through prayer, any more than it’s our duty to produce results through any endeavour, for “... apart from me you can do nothing.” (John 15:5) The purpose of prayer is that we be led to Jesus, whose presence brings the answer, or rather, whose presence is the answer. “Draw nigh to God, and he will draw nigh to you.” (James 4:8) When God invites us to come close to Him, He is calling us to open our hearts and to commune with Him, to learn of Him, and to enjoy Him. The natural result of this relationship is the most wondrous transformation in our lives. Our eyes will be open to His bountiful provision; His blessed presence will keep us in perfect peace; His glory will be seen in and through us; His abundance of power will flow through us to others. Put simply, we will be the people we were designed to be.

Prayer is a privilege, and prayer is why we were created. Let us seek God in prayer as never before, this day, and every day.

**We didn’t choose God; He chose us. This is a liberating truth because it means that God has a plan for us to be changed into His likeness. So, Christian growth isn’t an exercise of willpower, but of obedience to the path that God has set before us. This path is filled with God’s provision and mercy; and despite our unworthiness it’s the path to His glory, as we keep stepping forward by faith.**

*Dave Whitehead, The Daily Bible Verse*

# ORDER OF ST. LUKE

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When we think of the healing ministry it's easy to have tunnel vision and focus on physical healing. However, over the last few weeks I have been clearly directed by God to work in the area of reconciliation. This has been within the church, in my family and in the wider community. And as I work for healing of relationships within these areas, the more I see of the need for healing to bring peace and blessing to all who are hurting. Matthew 5:9 says, "Blessed are the peacemakers, for they shall be called the children of God."

The issues can range from a simple niggles about something that happened several years ago, through to the long term results of serious abuse and violence within family settings. It's not just the simple matter of "forgive and forget" that many people would espouse. The resolution process is rather more involved than that. While I tend to follow a particular course in working through these situations, there is also a need to discern how to treat each one individually.

The first essential element for the one seeking healing is the process of remembering. This can of course be very painful; but through recollection and the relating of past events to each other, a liberating insight can be gained into those past circumstances. While we can have our own idea of what happened, it can be



Rev. Bill Sim

very helpful to look at those events from the perspective of the other individuals involved. This can often bring enlightenment concerning what happened and why.

The next phase is the vital one: forgiveness. This is most effective when the two key parties are present with a third person facilitating. Having an encounter with all those who were involved is not always possible, but the most important thing to appreciate is that God is always there to enable forgiveness to be asked for, to be given, and to be received.

In the two most recent instances with which I have been dealing, one was resolved peaceably, quickly and effectively. The second is still in progress, and will need much more prayer, talk and time. But praise to God who is definitely working His healing power for good in both situations.

Healing of relationships is an essential part of our healing ministry within the church, in families and in the wider community. Why not ask God if this is this an area in which you may be called to minister? "... there is joy for those who work to bring peace." (Proverbs 12:20b)

(Rev) Bill Sim

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## Being a Child of God

Martha Meraviglia, Healing Contact December 2015

It was a completely new idea to me. I was being encouraged to climb up into Abba Father's lap and be with Him during my time of prayer. The invitation to literally be a child of God was being given by guest speaker Barbara Frey, who shared so lovingly of her own personal relationship with her Lord. Could it be that I didn't have to earn God's love, but that He would freely give it to me in our times together? Could it be so easy? It had always been difficult for me to be relaxed with God, especially in my prayer time, which was always well organised, just like the rest of my life. Was it true that I didn't need my list of petitions and litany of prayers? In John 1:12 we are told, "Yet to all who received him (Jesus), to those who believed in his name he gave the right to become children of God." I knew that this idea is expressed throughout the New Testament, and I knew that I believed in Jesus, whom I was trying to love more and more; but what about this "child" business?

I was reminded of the story in which Jesus called the children to himself when the disciples wanted them to go away. In Mark 10:14-16 He said, "Let the little children come to me and do not hinder them, for the kingdom of God belongs to such as these. I tell you the truth, anyone who will not receive the kingdom of God like a little child will never enter it." And he took the children in his arms put his hands on them and blessed them." I struggled with this passage for a long time. What were the virtues of a child that Jesus wanted me to have? I began to do what Barbara had spoken

of; I climbed into Daddy's lap, and just spent time with Him. I would envision God holding me there, while I shared what I thought and how I felt. I cried, I was angry, I wept and I laughed with the Lord. And then, I began to listen to Him. He shared so many things with me. Mainly He told me how very special I was to Him; how precious I was in His sight.

Oh the miracles of the Lord! I have received much, much more than I ever expected. I have been healed of many hurts in my life through our times together. I have begun to face some of the abuse and neglect I experienced in my childhood. The Lord is always faithful, always loving, and He always wants the best for me. I have recently been shown some areas of my sinfulness, and have spent time asking for His forgiveness. In receiving it I have been able to forgive others in my life. Learning to be a child of God has been so wonderful. I have chosen to take on some of the child-like qualities He so desires in me: openness, innocence, trust, honesty, love and forgiveness. I am truly excited about the future with the Lord! After spending the time writing this article, reflecting on what He has done inside me, I can hardly wait to see what happens next!

I want to invite you to try this within your prayer life: climb up into the lap of God and become His child, and experience the real transformation that receiving His love will bring. Share yourself with Him, and hear what He says to you. Listen to Him with your heart. But above all, give Him your heart.

# AFFIRMATION

Frank Rigg

Wholeness no 82, August 1978, Reprinted by request

In prayer-counselling with a considerable number of people I have discovered that most have been starved of love at some vital stages of their lives. A consequence of this is that they have difficulty in believing that God really loves them, and many have difficulty in accepting that God has forgiven their past sins. Therefore, they cannot really love or forgive themselves, and so most need release from some past fear or guilt. I have prescribed the following prayer exercise for a number of people with whom I have prayed, but I'm certain that we can all benefit from the regular use of an affirmation such as this. It is important that the words be said ALOUD, so that these truths permeate the unconscious mind, where the real healing is needed. Frequent use of this affirmation will release faith, and allow God to fulfil the deepest needs of our souls.

### USE DAILY

Thank you Father that you love me ...  
Thank you Jesus that you came.  
By Your blood you have redeemed me ...  
and by your stripes I am healed.  
I accept that You love me.  
I accept your perfect forgiveness,  
and cleansing from all past sin.  
Because You love me and accept  
me just as I am, I can accept myself ...  
and love myself.  
I am whole and perfect in Your love.  
Thank you Father for Your Holy Spirit  
Who continues to minister to my  
deepest needs ...  
healing all past hurts ...  
renewing me and releasing me into  
the perfect freedom of the Children of God.  
I thank you Lord for your guidance,  
protection and provision ...  
And for your strength for TODAY.  
"I can do all things through Christ  
who strengthens me!"

**PRAISE THE NAME OF JESUS!**

### The Prayer of the Chalice

My Father, to You I raise my whole  
being ---- a vessel emptied of self.  
Accept, Lord, this my emptiness,  
And so fill me with Yourself -----  
Your light, Your love, Your life,  
That these Your precious gifts  
may radiate through me and  
overflow the chalice of my  
heart into the hearts of all  
with whom I come into  
contact this day -----  
revealing unto them  
the beauty of  
Your joy  
and  
wholeness  
and  
the  
serenity  
of Your peace  
Which nothing can destroy.

Frances Nuttall



## Willingness to Learn

Based on the writings of John Borman, Faith for Daily Living

"They learn this from their God." (Isaiah 28:26)

In Isaiah's parable he describes how the farmer learns how to farm. He discovers from his interaction with nature, and from his close walk with God, that just as God has different ways of working, so too must he who would successfully till the land. Farmers, at least the ones in Isaiah's day, learned to work with nature by being open to the lessons God had to teach them. Isaiah attributed God as the source of their wisdom, and as the source of their success in producing food and crops. He contrasted this outcome with the fruit of the leaders and priests of the day, who didn't learn from, and who wouldn't listen to, the God of all knowledge and enlightenment.

Whom do you learn from? You can learn



by reading books, such as biographies of the great saints, and of course by reading the Bible. The Word of God is an inexhaustible fountain of insight, teaching and wisdom, as it presents God's personal message to you and to each Christian believer for guidance and success in life. You can learn from the leaders of the church, who have received teaching themselves through study, training and experience in the things of God. You can learn from other Christians, especially older ones who have trodden the pathway before you, having experienced the pitfalls, and having survived the trials and tribulations of discipleship. Finally, and most importantly, you must learn from the Holy Spirit, who is with you to guide you into all truth, and to guide you to Christ, who is the image of the invisible God.

## Perseverance in Spiritual Warfare

From "Red Moon Rising" by Pete Greig

"Then he [the angel] said, 'Daniel, don't be afraid. God has heard your prayers ever since the first day you decided to humble yourself in order to gain understanding. I have come in answer to your prayer. The angel prince of the kingdom of Persia opposed me for twenty-one days.'" (Daniel 10:12,13a)

Here we have a glimpse of the spiritual dimension that explains the need for persistence in prayer. It is not that God is slow to act, or that we are having to persuade God; for after all, prayer is laying hold of His highest willingness. Prayer requires persistence because it is also an act of warfare against "the spiritual forces of evil in the heavenly realms". (Ephesians 6:12) Such prayer reverses the fall in which Adam asserted his independence. In it we say, "not my will, but yours be done!" We fight in union with God to liberate enemy-occupied territory, and while the length of the battle is not certain, the victory is certainly so.



**"Be strong in the Lord,  
and in his mighty power."  
(Ephesians 6.10)**

## Can Anyone Still Say, "I Can't Witness?"

The Encourager No. 150 March 2016

The young man was so profoundly disabled that at the age of 37 he was still only just learning to say "Hi". His parents sent him to a Christian home for those with special needs. Months later, when he went home for the vacation, he sat with his family at the table for Christmas dinner, but he wouldn't eat. After a while he put his hands in front of his face and grunted "Uh, Uh, Uh!" At the Home he'd been taught to pray before he ate. Later that evening when it was bedtime he refused to go to bed, which was uncharacteristic of him. Eventually he reached over to the Bible which he'd been

given at the Home, pointed to it and grunted, "Uh, Uh, Uh!" He'd been used to hearing a Bible story every night before he went to bed, and he wanted to be read to.

His parents called up the Home and said, "What are you doing to our son?" The reply was, "We'd like to tell you." The carers went over, and by the time they left, both the mother and the father had accepted Christ as their personal Saviour. A few weeks later so too did his two brothers; one of whom has since gone on to graduate from Bible School. Finally, his grandmother, who was terribly bitter at God in the belief He had given her an intellectually disabled grandson, also gave her life to Christ.

So, God used a man who could only say "Hi", and barely that, to be instrumental in bringing his entire family to a saving knowledge of Jesus Christ. What a witness! God can do anything, if a person is simply available to open their mouth.

## "WHOLENESS"

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## Responsible in the Present

Dave Whitehead, Senior Pastor, GraceNYC.org,  
The Daily Bible Verse

"As for you, go your way till the end. You will rest, and then at the end of the days you will rise to receive your allotted inheritance." (Daniel 12:13)

What happens if you get to the end of your life and you feel like there are still many things left undone? Daniel felt this way during a heavenly vision, but the angel of the Lord assured him that he was not responsible for the things to come. Daniel's priority was to be faithful with what was in front of him. Our reward is not based upon a measure of our activity, but only on how faithful we have been to what God is setting before us.

## Profitable Hearing

The Vine Today

"He said to them, 'Take heed what you hear. With whatever measure you measure, it will be measured to you, and more will be given to you who hear.'" (Mark 4:24)

This is very important counsel: "Take heed what you hear." The things we hear enter into our souls and become part of our being; they give form and color to our character. There have come infinite blessings from the printing-press, through millions of wonderful books and articles whose pages symbolise leaves from the tree of life, provided for the healing of the nations. But there are also a myriad of books and magazines whose pages corrupt with moral and spiritual death. With this great mass of inspiration, good and bad, it is vitally important that we pay attention to what we read, listen to, and look at. We wouldn't eat poisoned food; so why should we take poison into our souls?

If we carelessly open ourselves to the evil that would come to us on printed pages, television and the Internet, our hearts will become unclean, and our lives will become corrupted. We should shut our ears to all that is unholy. Many ruined lives can trace their downfall from the moment when an impure word was whispered in a listening ear, or an unwholesome book or web page was secretly read. On the other hand, every life that radiates true beauty does so because of what it has heard from the Word of God. "All Scripture is inspired by God and is useful for teaching the truth, rebuking error, correcting faults, and giving instruction for right living." (2 Timothy 3:16) Every word of scripture expresses an outcome for which we should strive, or a revelation of character to which we should aspire. If we are to live life more abundantly, then we are personally called to make acts of rejection, and acts of acceptance. "Therefore, get rid of all moral filth and the evil that is so prevalent and humbly accept the word planted in you, which can save you." (James 1:21) The choice is ours.

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We acknowledge typesetting by Image Graphics, Levin, printing by Beacon Print, Whakatane, N.Z.; distributors everywhere. Published by Michael Ferri, 6 Dalling Street, Hamilton, in association with the Order of St. Luke, New Zealand.

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